Meridian World School Grab N Go Selections
Available to our 6-12 Grade Students

FRUIT AND CHEESE PLATE
Colby Jack Cheese, Grapes, Strawberries, Whole Wheat Crackers, White Wheat Roll

HUMMUS PLATE
Hummus, ½ Boiled Egg, Variety of Vegetables, Whole Wheat Crackers, and Whole Wheat Pita Bread

Traditional, Roasted Garlic, Black Bean and Roasted Bell Pepper Hummus are made in rotation weekly

SANDWICH PLATE
Roasted Deli Turkey and/or Honey Ham, Swiss cheese, White Wheat Sub, Lettuce, Tomato, Grapes, and Oranges

Egg Salad, Veggie, Sun Butter and Jelly, or Pimento Cheese offered in rotation on Mondays

SALAD PLATE
Mixed Greens, Roma Tomato, Cucumber, Carrot, Red Onion, ½ Boiled Egg, Shredded Cheese

Vegetarian, Asian, Tex-Mex, and Greek Salads are made in rotation weekly

A LA CARTE
Vanilla Yogurt Parfaits with house made granola: $2.50
Snack Attack, Sun Butter, Celery Stick and Apple: $1.50
Natural Apple Juice, 4oz: $0.40
(Juice is available to All Students K-12)